



April 2021

Follow us on:
vistahillsmartcare.org
facebook.com/vistahillsmartcare
instagram.com/vistahillsmartcare
vistahillsmartcareblog.wordpress.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Food Distribution	2 NO SCHOOL VCPUSD	3 Food Distribution
4	5	6 Food Distribution	7	8 Food Distribution	9	10 Food Distribution
11	12	13	14	15 Food Distribution	16	17 Food Distribution
		NO SCHOOL—SPRING RECESS 12-16				
18	19	20 Food Distribution	21	22 EARTH DAY	23	24 Food Distribution
25	26	27 Food Distribution	28	29 Food Distribution	30	

PAUMA VALLEY COMMUNITY EVENTS

Food Distribution
 Tuesdays 2 & 16 12 pm– 1 pm
 16650 Hwy 76,
 Pauma Valley, CA 92061

Food Distribution
 Thursdays 10 am—11 am
 Pala Mission Church
 11800 Mission Rd
 Pala, CA 92059

Food Distribution
 Saturdays 8:30 am—9:30 am
 4th Saturday 12:30 pm—2pm
 St Stephen’s Church
 31020 Cole Grade Rd
 Valley Center, CA 92082

Food Distribution
 4th Tuesday 2pm
 Pauma Valley Community Church
 32077 Community Church Dr
 Pauma Valley, CA

For more events in your community visit:
WWW.SDCL.ORG

In collaboration with:
 Neighborhood Healthcare
 28477 Lizard Rocks Rd,
 Valley Center, CA 92082



- This Months Wellness Themes:**
 Alcohol Awareness Month
 Stress Awareness Month
 Child Abuse Prevention Month
 Sexual Assault Awareness Month
 World Autism Awareness Day
 Distracted Driver Awareness Month

Abril 2021

Follow us on:
vistahillsmartcare.org
 facebook.com/vistahillsmartcare
 instagram.com/vistahillsmartcare
vistahillsmartcareblog.wordpress.com

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
				1 Distribución de Comida	2 NO ESCUELA VCPUSD	3 Distribución de Comida
4	5	6 Distribución de Comida	7	8 Distribución de Comida	9	10 Distribución de Comida
11	12	13	14	15 Distribución de Comida	16	17 Distribución de Comida
NO ESCUELA—RECESO DE PRIMAVERA 12-16						
18	19	20 Distribución de Comida	21	22 DÍA DE LA TIERRA	23	24 Distribución de Comida
25	26	27 Distribución de Comida	28	29 Distribución de Comida	30	

EVENTOS COMUNITARIOS EN PAUMA VALLEY

Distribución de Comida
 Martes 2 y 16 12 pm– 1 pm
 16650 Hwy 76,
 Pauma Valley, CA 92061

Distribución de Comida
 Jueves 10 am—11 am
 Pala Mission Church
 11800 Mission Rd
 Pala, CA 92059

Distribución de Comida
 Sabado 8:30 am—9:30 am
 4to Sabado 12:30 pm—2pm
 St Stephen’s Church
 31020 Cole Grade Rd
 Valley Center, CA 92082

Distribución de Comida
 4to Martes 2 pm
 Pauma Valley Community Church
 32077 Community Church Dr
 Pauma Valley, CA 92061

*Eventos de SmartCare siempre son Gratuitos

Visite los siguiente sitios para ver mas eventos en su comunidad :
www.SDCL.org

In collaboration with:
 Neighborhood Healthcare
 28477 Lizard Rocks Rd,
 Valley Center, CA 92082



Temas De Bienestar De Este Mes:

- Mes de concientización del Alcoholismo
- Mes de concientización del Estrés
- Mes de concientización del la Agresión Sexual
- Mes de concientización del Abuso Infantil
- Mes de concientización del Autismo