

## MENTAL HEALTH

- Changing Options.....760-789-7299  
*\*adults treatment for schizophrenia & other mental disorders.*
- Aurora Behavioral Health.....888-565-4228  
*\*24hr Psych Evaluation & Referral Services*
- County Mental Health.....888-724-7240
- Rady's Children's' Behavior Crisis Ctr.....  
.....760-730-5900
- San Diego Psychiatric Hospital...619-692-8200  
*3853 Rosecrans St 92110*
- Exodus Walk-in Assessment Center .....  
.....760-871-2020  
*1520 South Escondido Blvd 92025*
- MHS Kinesis..... 760-480-2255  
*474 W. Vermont Ave #102 Escondido 92025*  
*Walk-in triage Monday's at 9am.*
- Learning Assistance Center.....760-788-9724  
*\*Counseling Services for children Pre-K - age 22 with Medi-Cal or uninsured*

### Psychologist

- Kenneth W. Searcy PhD..... 760-789-6389
- Karen Hawthorne.....#1.....760-765-3578

### Licensed Clinical Social Workers

- Peter Michael Baratta .....760-788-1003

### Marriage and Family Therapist

- Karen Loftis.....760-415-3585
- Valerie Lucio.....760-789-2937
- Meagan McBride.....760-906-8146
- Lindsay Watson.....760 419-1353
- Deb Gernandt.....#2.....760-765-3578
- Palomar Family Counseling.....858-748-3610

### Medi-Cal Behavioral Health

- Beacon (Blue Shield Promise).....855-321-2211
- DHCS Substance Use Resource.....800-879-2772
- Community Health Group (CHG).....800-404-3332
- Molina (requires referral)..... 888-665-4621

### ADDITIONAL RESOURCES:

Psych Emergency Response Team..... 911

Access & Crisis Line.....1-888-724-7240

Suicide Prevention.....1-800-273-8255

Texting Line: text "START" to 741-741

Veterans: (press 1).....1-800-273-8255

Veterans Texting Line: ..... 838-255

Trevor Project .....866-488-7386

Safe Helpline.....877-995-5247

RAIINN 800-656 HOPE (4673)

Eating Disorder Hotline.....800-931-2237

*Monday-Friday*

Peer Warm Line..... 855-845-7415

*M-F 7am-9pm, Saturday 7am-3pm, Sunday 7am-9pm*

## Non-EMERGENCY SERVICES

### Crisis Lines

Info Line..... 211

Child Abuse Hotline.....1-800-344-6000

Adult Abuse Hotline.....1-800-510-2020

Teen Crisis Hotline.....1-800-843-5200

Julian Sheriff Dispatch.....858-565-5200

### Domestic Violence & Abuse

Women's Resource Center.....760-757-3500

Community Resource Center.....760-633-1111

Center for Community Solutions .....760-747-6282

### Shelters

2-1-1 .....858-300-1211

Interfaith .....760-489-6380

*550 W. Washington Ave. Ste. B*

Dreams for Change.....619-497-0236

*(Safe overnight parking for car. Cannot accommodate RV's)*

Youth Emergency Services.....619-325-3527

## Resource Guide - Julian



Your appointment is on

### Behavioral Health Consultant:

Selena Scanlan

(760) 420-0532

### Behavioral Health Educator:

Beverly Perez

(760) 834-1338

### Julian Medical Clinic

2721 Washington St. - (760) 765-1223

### Julian SmartCare Office

2907 Washington St.

(above Poncho Villa's Mexican Restaurant)

### Smart Care - Administrative Office

1012 Main Street, Ste 101

(760) 788-9725

Follow us:

[vistahillsmartcare.org](http://vistahillsmartcare.org)

[Facebook.com/vistahillsmartcare](https://www.facebook.com/vistahillsmartcare)

[Instagram.com/vistahillsmartcare](https://www.instagram.com/vistahillsmartcare)



## SUBSTANCE USE & ABUSE

### Teen Recovery

McAllister Institute.....619-442-0277  
[www.mcalisterinstitute.org](http://www.mcalisterinstitute.org)

MHS Teen Recovery Center....(760) 744-3672

### Adult Recovery

MHS Recovery Center.....760-741-7708  
200 E. Washington, #100, Escondido, Ca 92025

Green Oak Ranch.....760-727-0251  
1237 Green Oak Rd. Vista, CA 92081

### Homeless Recovery

Alpha Project..... 760-630-9922  
993 Postal Way Vista, CA 92083 - [www.alphaproject.org](http://www.alphaproject.org)

### Male Recovery

The Fellowship Center..... 760-745-8478  
737 E. Grand Ave. Escondido, CA 92025

Restoration Ranch.....760-787-9432  
940 Montecito Rd. - [www.restorationranch.com](http://www.restorationranch.com)

### Women & Children Recovery

NC Serenity House..... 760-741-5098  
In His Steps .....760-789-5988

### Detox

211 San Diego.....858-300-1211  
Pemarro Recovery Center.....760-789-8070

Adult Detox.....619-442-0277  
KIVA Womens Detox .....619-465-7303

*(Non-Medical Residential Detox)*

## EDUCATION

### **Julian Union School District**

760-765-0661  
1704 Cape Horn.....[juesd.net](http://juesd.net)

### **Julian Union High School District**

760-765-0606  
1656 CA-78.....<https://www.juhsd.org/>

## LEGAL

Legal Aid.....877-534-2524  
Disability Help Center.....888-418-8860  
Social Security/SSDI.....800-772-1213

## HEALTH/ MEDICAL

Medical Info Line.....800-880-5305

Health Care Options.....800-430-4263

## AGING & SENIOR SERVICES

Aging & Independent Svcs/IHSS referral line  
.....800-510-2020

FACT transportation Svcs.....888-924-3228

*For those 65+*

Ramona Senior Center.....760-789-0440

*\* Activities throughout the day for seniors.*

## HOSPICE & BEREAVEMENT

Elizabeth Hospice.....760-737-2050

Scripps Hospice.....858-748-3030

Hospice Support Group.....760-737-2050

Grief Share Support Group.....760-805-5722

Hospice of the North Coast.....760-431-4100

Ctr for Compassionate Care/Bereavement.....

.....x2101.....760-431-4100

## UTILITY ASSISTANCE

SDG&E .....800-411-7343

*\*Utility bill assist. for qualifying low -income fam.*

Campesinos Unidos Inc.....619-391-9790

## OTHER

Smoker's Hotline.....800-766-2888

[www.californiasmokershelpline.org](http://www.californiasmokershelpline.org)

800-NO-BUTTS..... 800-662-8887

American Cancer Society.....800-227-2345

[www.cancer.org](http://www.cancer.org)

American Diabetes Assoc.....619-234-9897

[www.diabetes.org](http://www.diabetes.org)

Immunizations (CDC).....800-232-4636

San Diego County Library.....760-788-2434

1275 Main Street, . Ramona, CA 92065

## YOUTH SERVICES

### *After School & Recreation*

Boys & Girls Club.....760-789-7564  
622 E. St. Ramona, CA 92065 [www.bgca.org](http://www.bgca.org)

### *YMCA Childcare Resource Services*

Child Care Referral Line.....800-481-2151

Head Start .....760-789-2087

Nuevo Head Start.....760-789-1093

*Preschool for children ages 2-5*

## FAMILY PLANNING

Ramona Pregnancy Care Clinic...760-789-7059

1530 Main St. Suite 6 Ramona, CA 92065

Planned Parenthood.....888-743-7526

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## LGBTQQIP2SA A

The Center [www.thecentersd.org](http://www.thecentersd.org) .....619-692-2077

*\*Support services for parents, families and allies.*

TransFamily Support Services.....

[www.transfamilyosos.org](http://www.transfamilyosos.org) ..... 858-382-9156

PFLAG [www.pflag.com](http://www.pflag.com).....888-398-0006

San Diego Youth Services.....619-525-9903

## FOOD & CLOTHING ASSISTANCE

Ramona Food & Clothes Closet...760-789-4458

*\*Emergency Food Boxes & Seniors Food for a Week*

*Mobile Pantry 3rd Friday of each month.*

NCHS WIC.....888-477-6333

*\*Assistance for pregnant women & parents w/children under 5 years.*

CalFresh.....877-847-3663

Ramona Senior Center.....760-789-0440

Free Dinner -Grange Hall– Mondays 6pm

215 7th Street, Ramona

Free Breakfast– Grange Hall—8am

Last Saturday of each month.