



# February 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Wear Red	2
3	4	5	6 8am Women's Empowerment Group at Pathways	7	8	9 Wear Orange
10	11	12	13 8am Women's Empowerment Group at Pathways 10:00 am Feeding San Diego	14 Valentines Day	15	16
17 Random Acts of Kindness Day	18 SMARTCARE CLOSED Presidents Day	19	20 8am Women's Empowerment Group at Pathways	21	22	23
24	25	26	27 8am Women's Empowerment Group at Pathways 10:00 AM Feeding San Diego	28		

## JULIAN COMMUNITY EVENTS

### Wednesday

**Women's Empowerment**  
8:00am to 10:00am  
At Julian Pathways  
1704 Cape Horn  
**Joanna Yanez**  
**760-803-1336**

For more events in your community visit:  
[www.sdcl.org](http://www.sdcl.org)

In collaboration with:  
Julian Medical Clinic  
2721 Washington St  
Julian, Ca 92036

### This Months Wellness Themes:

**Teen Dating Violence Awareness-wear orange 2/9**  
**Children's Dental Awareness**  
**American Heart Health Month– Wear Red 2/1**  
**National eating Disorder Week 2/25/19-3/3/19**

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# Febrero 2019



DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
					1 Vista de Rojo	2
3	4	5	6 8:00 AM Grupo de Empoderamiento de la mujer en Pathways	7	8	9 Vista anaranjado
10	11	12	13 8:00 AM Grupo de Empoderamiento de la mujer en Pathways 10:00 AM distribución de comida/Feeding San Diego	14 Día de San Valentín	15	16
17 Día de Actos de Bondad Espontáneos	18 SMARTCARE CERRADO POR Día de los presidentes EE.UU.	19	20 8:00 AM Grupo de Empoderamiento de la mujer en Pathways	21	22	23
24	25	26	27 8:00 AM Grupo de Empoderamiento de la mujer en Pathways 10:00 AM distribución de comida/Feeding San Diego	28		

## EVENTOS COMUNITARIOS

Miercoles  
**Women's Empowerment Pathways**  
 8:00am to 10:00am  
 Julian Pathways  
 1704 Cape Horn  
**Joanna Yanez 760-803-1336**

Visite los siguiente sitios para ver mas eventos en su comunidad :  
[www.sdcl.org](http://www.sdcl.org)  
[www.ramonaseniorcenter.com](http://www.ramonaseniorcenter.com)

En colaboración con:  
 Julian Medical Clinic  
 2721 Washington St  
 Julian, Ca 92036

**Mes de concientización de:**  
 la Violencia entre Parejas Adolescentes  
 la Salud Dental Infantil  
 la Salud del Corazon  
**Semana de concientización de:**  
 los Trastornos Alimenticios (25/2/2019-03/03/2019)

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