

OTHER SERVICES

Farmers Market.....(Thur. 1-6pm)
Valley Center Community Ctr-28246 Lilac Rd
Center for Disease Control and Preven-
tion.....800-232-4636 *

www.cdc.gov/nip

Immunization Action Council *

www.immunize.org

Valley Center Library....760-749-1305

29200 Cole Grade Rd, Valley Center

Anxiety Disorders Association of America

* www.adaa.org

Indian Health Council 760-749-1410

* *Human Services Department (Ext. 5249)*

Adult School/ ROP

ROP Office.....760-739-7300

* 3750 Mary Lane, Escondido

Hours: 9 am-9pm (M-Th) 8am-4pm (Friday)

Esco.High School Campus 760-291-4093

* 1535 N. Broadway, Escondido

Hours: 5-9:30 pm (M-Th)

East Valley Parkway Campus 760-291-3244

* 2065 E. Valley Pkwy

Hours: 7:30-9:30 pm (M-Th)

FINANCIAL ASSISTANCE

Universal Lifeline (SBC) 800-310-2355

www.sbc.com

*Basic, single line phone service for quali-
fying low-income homes*

SDG&E800-411-7343

* Utility bill assistance for qualifying low
income families.

www.sdge.com/solutions/assistance/html

EMERGENCY SERVICES

Crisis Lines

Info Line..... 211

Access & Crisis Line.....1-800-479-3339

Mental Health

Psych Emergency Response Team.... 911

Exodus, walk-in clinic..... 760-758-1150

Domestic Violence & Abuse

Women’s Resource Center.....760-757-3500

Center for Community Solns...760-747-6282

Child Abuse Hotline.....1-800-344-6000

Adult Abuse Hotline.....800-510-2020

Emergency Shelter Hotline.....888-385-4657

Food

Brother Benno’s..... 760-439-1244

* www.brotherbenno.org *Breakfast M-F, bag

lunches available/ Also serves as a shelter

*3260 Production Ave, Oceanside 92058

Salvation Army..... 760-745-8616

**Food, clothing, holiday assistance & referrals*

*1301 Las Villas Way, Escondido/ M-F

Stand Up For Kids.....1-800-365-4KID

**Homeless advocacy group offering food,*

clothing, & hygiene supplies to youth

Hope Food.....760-432-8653

* www.hopefoodinc.org

*935 W. Mission Ave Suite F, Escondido 92025

WIC.....760-433-3814

**Assistance for pregnant women & par-*

ents with children under 5 years

Western-Eagle (Food Box).....951-695-7206

* www.western-eagle@western-eagle.org

*3480 Mission Ave, Oceanside 92058

Food Stamps.....760-754-5757

Holiday Assistance

Food, gift certificates & gifts at holidays

Interfaith Comm. Svcs.....760-721-2117

Salvation Army.....760-631-8279

Women’s Resource Ctr.....760-757-3500

SmartCare Resource Guide:



NEXT APPOINTMENT:

Cindy Plascencia, IMF

Behavioral Health Consultant

(760) 803-3703

Jackie Reyes

Behavioral Health Educator

(760) 690-7828

Pauma Valley Neighborhood

Healthcare

16650 Hwy 76

Pauma Valley, CA 92061

(760) 742-9919

HEALTH/ MEDICAL

Medi-Cal..... 760-754-5757

Substance Use & Abuse

AA (24 Hours).....760-758-2514

* www.alcoholics-anonymos.org

Narcotics Anonymous619-584-2514

* www.sandiegona.org

Marijuana Anonymous....619-685-2808

* www.marijuana-anonymous.org

McAllister (MITE).....760-721-2781

* *Outpatient treatment, educational*

groups, adolescent program,10 day detox

Phoenix House.....760-634-7610

* *Adolescent, adult inpatient, outpatient*

treatment, education & support

www.phoenixhouse.org

Victory Outreach.....760-746-9727

Smoker's Hotline.....800-766-2888

and 800-NO-BUTTS (800-662-8887)

* www.californiasmokershelpline.org

Family Planning

Planned Parenthood.....888-743-7526

* www.plannedparenthood.org

National AIDS Hotline....800-342-2437

Other

Hospice of the North Coast...760-431-4100

American Cancer Society....760-754-5757

* www.cancer.org

American Diabetes Assoc....760-721-2117

* www.diabetes.org

Immunizations (CDC).....800-232-2522

Aging and Senior

Aging & Independent Svcs...800-510-2020

Sr Citizen Legal Services.....800-411-7343

Literacy & Learning Disabilities

TASK.....858-874-2386

Team of Advocates For Special Kids

Resources for parents of children with

disabilities, including learning disabili-

ties www.taskca.org

County Mental Health.....760-752-4900

AB2726 assessment and resources

Differently Abled

Special Olympics..... 760-941-7272

* www.specialolympics.org

United Cerebral Palsy.....760-743-1050

SD Regional Center.....858-576-2938

* www.sdrc.org

Services for all people withy develop-

mental disabilities & their families

(including testing)

Center for the Blind.....760-758-5956

Gay, Lesbian, Bisexual & Transgender

Being Alive.....619-291-1400

* www.beingalive.org

The Center.....,619-692-2077

* www.thecentersd.org

P-FLAG (Local Chapter).619-579-7640

* www.pflag.org

*Support services for parents, families
and friends of lesbians and gays*

YOUTH SERVICES

After School & Recreation

Boy's & Girl's Clubs

* www.bgca.org

-Valley Center.....760-749-9822

28751 Cole Grade Rd

-Escondido (Mitchell).....760-746-3315

115 W. Woodward Ave

-Escondido (Baker).....760-745-0515

835 W. 15th Avenue

YMCA Childcare Resource Services

Child Care Referral Line..800-481-2151

Centralized Eligibility List...800-521-0500

* *To apply for assistance with paying for
child care*

Inclusion Specialist.....619-521-3055

Ext. 2325 * *For children with disabili-
ties or special needs*

Other

Big Brothers Big Sisters...858-536-4900

* www.sdbigs.org

*Mentor match-up for single-parent youth
ages 7-13 (Call for more info.)*

Mental Health Systems.....760-747-0205

*940 E. Valley Parkway, Ste. D

Escondido, CA 92025

*Reduce delinquency recidivism, improve
school attendance if truant, increase resili-
ence, and youth safety at home*