

# SmartCare Community Calendar

*Campo*  
*May, 2017*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 10am Tech Hour help 1:00pm Crafts 12pm Lunch 1:30pm Bingo 4:00pm videogames 6pm NA Meetings 8pm AA Meetings	4 12 pm Lunch 1:00pm Crafts 6:00pm Crochet 6:30pm Kids Bingo 6pm NA Meetings 8pm AA Meetings	5 9:30am English Conversation 12 pm Lunch 4:00pm Stories & Crafts 6pm NA Meetings 8pm AA Meetings	6 10:00am Crafts 1pm Teens Game club 4pm AA Meeting
<b>NATIONAL MENTAL HEALTH AWARENESS</b>						
7	8 4pm Children Dance Classes 6pm Junta de NA 8pm Junta de AA	9 9:30am Preschoolers Stories 12 pm Lunch 1:00 Crafts 4:00pm Children Dance classes 6pm NA Meetings 8pm AA Meetings	10 10:00am Tech Hour help 1:00pm Crafts 2pm Easter egg hunt 12pm Lunch 1:30pm Bingo 4:00pm Videogames 6pm NA Meetings 8pm AA Meetings	11 12 pm Lunch 1:00pm Crafts 6:00pm Crochet 6:30pm Kids Bingo 6pm NA Meetings 8pm AA Meetings	12 9:30am English Conversation 12 pm Lunch 4:00pm Stories & Crafts 6pm NA Meetings 8pm AA Meetings	13 10:00am Crafts 1:00pm Teens Game club 4pm AA Meeting
<b>NATIONAL WOMEN'S HEALTH WEEK</b>						
14 Mothers Day!	15 4:00pm Children Dance Classes 6pm Junta de NA 8pm Junta de AA	16 9:30am English Conversation 9:30PreschoolStories 12 pm Lunch 1:00 Crafts 4:00pm Children Dance classes 6pm NA Meetings 8pm AA Meetings	17 10:00am Tech Hour help 1:00pm Crafts 12pm Lunch 1:30pm Bingo 2Kids Day Piñata craft 4:00pm videogames 6pm NA Meetings 8pm AA Meetings	18 12 pm Lunch 1:00pm Crafts 6:30pm Kids Bingo 6pm NA Meetings 8pm AA Meetings	19 9:30am English Conversation 12 pm Lunch 4:00pm Stories & Crafts 6pm NA Meetings 8pm AA Meetings	20 
<b>HIGH BLOOD PRESSURE EDUCATION MONTH</b>						
21 	22 4:00pm Children Dance Classes 6pm Junta de NA 8pm Junta de AA	23 9:30am English Conversation 9:30PreschoolStories 12 pm Lunch 4:00pm Children Dance classes 6pm NA Meetings 8pm AA Meetings	24 10:00am Tech Hour help 12pm Lunch 1:30pm Bingo 4:00pm videogames 6pm NA Meetings 8pm AA Meetings	25 12 pm Lunch 6:00pm Crochet 6:30pm Kids Bingo 6pm NA Meetings 8pm AA Meetings	26 ALL DAY FINE FREE FRIDAY 9:30am English Conversation 12 pm Lunch 4:00pm Stories & Crafts 6pm NA Meetings 8pm AA Meetings	27 10:00am Crafts 1:00pm Teens Game club 4pm AA Meeting
<b>NATIONAL PHYSICAL FITNESS AND SPORTS MONTH</b>						
28	29 <b>MEMORIAL DAY</b>  Thank you to all the soldiers who have given of themselves for our free.	30	31			
<b>OLDER AMERICAN MONTH</b>						

**Mountain Empire Family Medicine**  
31115 Highway 94  
619-487-5311

**Campo-Morena Village Library**  
31356 Highway 94  
619-478-5945

**Mountain Empire Com. Ctr**  
976 Sheridan Rd.  
619-478-2384

**AA/NA Meetings- Freedom Ranch**  
1777 Buckman Springs Rd.  
619-478-5696

**Vista Hill SmartCare**

**Sebastian Shields, BHC**  
(619) 818-5303

**Gretchen Erdman, BHE**  
(619) 629-5569

Follow us:



vistahillsmartcare.org  
facebook.com/vistahill.smartcare  
vistahillsmartcareblog.org  
instagram.com/SmartCare\_of\_VistaHill

**www.vistahillsmartcare.org**

*Photo Credits:*

Habun/123rf, Michal Decker/123rf, Balint Roxana/123rf,  
Stepan Gojda /123rf, Rob Marmion/123rf, Wang Tom /123rf,  
Kaori Takehana/123rf